

# Brad *and* Emily



*"I never did believe in  
miracles  
But I've a feeling  
it's time to try."*

*// FLEETWOOD MAC //*







# hello!

## Thank you for taking the time to learn about us!

We know you're making a decision that is deeply personal and complex, and we want you to feel supported, respected, and surrounded by care no matter what path you choose.

***Adoption holds a special place in our hearts—Emily was adopted as a baby,*** and that experience shaped her life in the most beautiful ways. If adoption is the path you choose, please know that your baby would always grow up knowing how deeply loved they are—not just by us, but by you.

***We hope these pages give you a genuine glimpse into our life, our hearts, and the kind of future we would build with your child.***

*Brad & Emily*

# our story

We met through mutual friends over a decade ago, bonding quickly over a shared love of fitness and conversation. Through years of friendship, we stayed connected—talking about life, business, travel, and CrossFit—until 2020 brought us closer in a way we never expected. Slower days gave us more time together, and before long, we were falling in love.



In 2023, we were married surrounded by our closest friends and family.

Our wedding was joyful and deeply meaningful to us. Our relationship is rooted in friendship, respect, and fun—and we're so ready to share all of that with your child, if that's what you choose.



Adoption has always been part of who we are.

## *why adoption?*

I (Emily) was adopted, as was my brother, and we grew up celebrating our stories with pride. Because of that, I've always seen adoption as something powerful and beautiful—a way to create family through love and intention. Brad's path has been different. He became a dad in his twenties and now has three incredible adult children. Life surprised him in the best way, and today, with me by his side, he's ready and excited to step into fatherhood again—  
with new perspective and even more love to give.

**We're here with open hearts, grateful for the chance to grow our family in this meaningful way.**



## *meet Brad*

Brad is thoughtful, generous, and deeply grounded.

He sees the big picture in life and makes choices that reflect his values and long-term vision. That thoughtfulness is something he brings into our home, our relationship, and every moment we share.

What I admire most is how Brad shows up for his children. Their connection is real—full of trust, mutual respect, and joy. Watching him parent is one of the reasons I knew he'd be an incredible partner and father. If you choose us, your baby would grow up with someone who listens with his whole heart, leads with love, and always makes room for laughter.



## *meet Emily*

*Emily is warm, bright, and full of life.*

She's the kind of person who lights up a room with her presence and keeps people close with her compassion and honesty. Her mind is always moving forward—thinking about how to help others, how to grow, and how to make the most of each day.

Being adopted gives Emily a deep sense of what truly matters: belonging, love, and connection. She brings all of that into our life together and into every interaction with my kids. If your child grows up with Emily as their mom, they'll be nurtured with fierce love, constant encouragement, and a sense of home that never wavers.

# things we love



We both run our own businesses, giving us the flexibility to prioritize time together and with family.

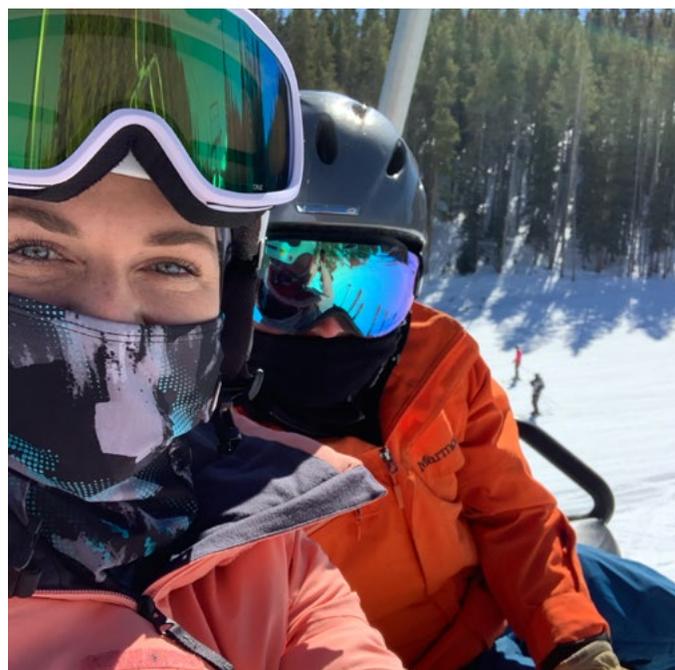


Our shared love for movement and health is how we met—and today we still train together at our CrossFit gym in Iowa City.

Whether hiking in Montana or boating in Missouri, we value being present and making the most of life together.



Brad is a curious soul—always reading history, current events, or diving into a new hobby. Emily is a dietitian and coach passionate about helping others thrive—physically, emotionally, and mentally.



We spend meaningful time with Brad's three adult children—visiting their homes, supporting their dreams, and staying closely connected.



## *our home*

**We live just outside Iowa City,**

surrounded by open skies, tall trees, and a sense of peace that's hard to describe until you're here. Our home sits on several acres of land where a quiet creek winds through the woods and wildflowers bloom in the summer. We love the stillness, the space to roam, and the freedom it gives us to slow down and enjoy the moment.



Our house has plenty of room to grow—sunny windows, a cozy kitchen where we cook together, and a nursery just waiting to be filled. There’s a big deck out back where we grill with family, and we just planted a garden where we hope to grow veggies with a little one by our side.



Our home is the kind of place where childhood feels free and joyful—where a kid can run barefoot, chase fireflies, and know they are safe and loved every single day.

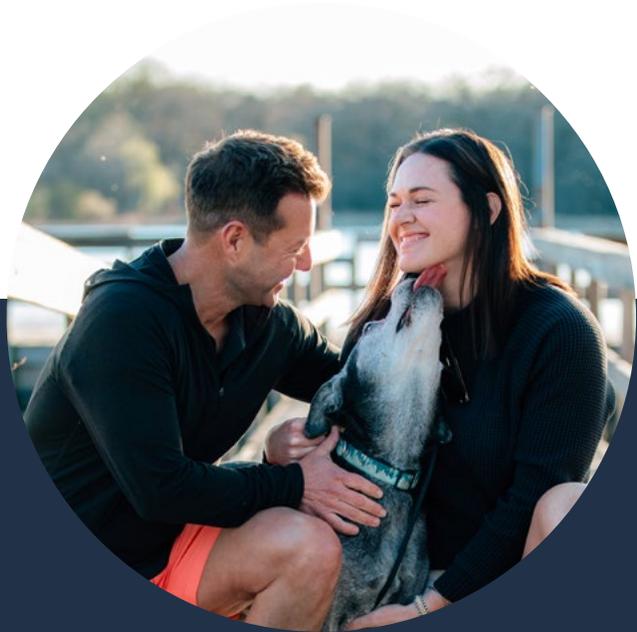


*our pup*

meet Kona!

*Kona is our sweet 12-year-old dog who's been part of our family since she was a puppy.*

I (Emily) fostered her, but I knew right away she was mine forever. She's gentle, loving, and brings a calm, happy energy to our home.



*She's taken to farm life with joy—sunbathing in the grass, watching the trees sway, and gently greeting every visitor. She'll be a loyal, mellow companion to your baby and already has a soft spot ready in her heart.*





# ten fun facts

Emily was a synchronized swimmer as a kid—hair gel, glitter, and all!

Brad joined the Marines at 19 and worked in air traffic control.

Emily is a dietitian who can't wait to cook with your little one.

We've both competed in CrossFit competitions—and even won a few medals!

Emily's first food was a lemon wedge—your baby's first bite will be more fun!

Brad is scuba certified and loves exploring the ocean.

Music fills our home—Emily's background in piano, Brad's in the trumpet and we're always humming along to tunes

We cut our own Christmas tree each year—fresh pine and all!

Brad used to deliver pizza for extra money—and still thinks it's the best food!

Emily is obsessed with Halloween—costumes, candy, and all the spooky fun.

# extended family

We're lucky to be surrounded by a big, loving family that's ready to welcome your baby with open arms.

**Brad's three grown children each bring something special:** Annabelle (25) explores the outdoors in Montana, Elizabeth (25) brings boldness and passion in New York, and Logan (29) is a kind, hardworking presence in Minnesota.

Emily's mom and brother are in Minnesota too, and Brad's parents live just down the road on our shared farm in Iowa. Our wider family includes grandparents, cousins, and aunts and uncles—all ready to surround your child with love, laughter, and lasting memories.





Brad's daughter Ellie

There's so much joy, warmth,  
and connection here—  
your child would be part of a  
circle that's always cheering  
them on.



Brad's daughter Annabelle



Brad with his kids, Logan and Annabelle



Grandparents with (most) of the cousins!



# our travels

Travel has been a huge part of our story. Together, we've explored Ireland, Scotland, Hawaii, Mexico, and Thailand—and there's so much more we hope to see. Running our own businesses gives us the freedom to chase adventure and curiosity across the globe.

# Closer to home, we ski, snowmobile, camp, and hike often.

We believe travel helps you grow—teaching empathy, wonder, and appreciation for different people and places. If you choose us, we promise your baby will have a passport full of stamps, a heart full of stories, and a life full of adventure.





# *promises*

## From us to you and your baby:

**We promise to love** your baby unconditionally, through every stage, every milestone, and every messy, beautiful moment of life.

**We promise to raise** a your child to be kind, confident, and resilient—someone who stands up for what's right, treats others with respect, and isn't afraid to chase big dreams.

**We promise to keep** laughter at the center of our home, whether it's telling bad dad jokes, making up ridiculous songs, or dancing in the kitchen for no reason at all.

**We promise to embrace** who your child is—whether they're into sports, music, science, or something we don't even understand yet. We'll celebrate every little thing that makes them uniquely them.

**We promise to raise** your child with adventure, warmth, and the occasional dessert before dinner—because childhood should be a little bit magical.

**We promise to honor** you by always keeping your presence in your child's life and a part of their story. Adoption will never be a secret—it will be something we talk about with love and gratitude, ensuring they always know how deeply they are loved, not just by us, but by you.

*Thank you, again, from the bottom of our hearts for considering us to be the adoptive parents of your baby.*

*Brad and Emily*





